



# UASC SEXUAL HEALTH TRAINING



# Let's start a conversation...

This resource has been developed as an aid to start a conversation with young people who have grown up in other cultures and now live in the UK.

We have included a few pictures to start a conversation of possible differences in cultural interpretation.

This will help gain an understanding of our different cultures and how this may affect relationships.





# We have some pictures that we would like to show you...

Think about the images and give us your thoughts about them.

**Don't worry about getting anything 'wrong' - there is no 'wrong' in this discussion.**

This is an opportunity for us all to learn about each others understanding and interpretation of the what we see.





What are your thoughts and feelings about this picture?



**Maidstone and  
Tunbridge Wells**  
NHS Trust



What are your thoughts and feelings about this picture?



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Tunbridge Wells  
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- Look at the pictures – compare them
- Is there a difference?
- What are the differences?
- How would you behave towards either woman?

# Possible consequences

Can create:

- A barrier to your integration into the local community.
- A negative impact on relationships and communication.
- A detrimental effect on peoples perception and opinion of you.
- Change in peoples behaviour towards you.
- Respectful treatment can aid in developing healthy relationships







What is happening in this picture?



Maidstone and  
Tunbridge Wells  
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# Possible consequences

- If you approach a lone woman even if it's only to help her. Your help could be misinterpreted and the woman could be scared and feel threatened.
- The local community may witness this behaviour and perceive it as a risk.
- The young woman may report you or call the Police.





- What do you think about this image?
- How would you behave towards this swimmer?
- How is this image different from your previous experience?





# Possible consequences

- It is socially unacceptable to stare at people to look at their body - especially in places such as swimming pool.
- To do so could make another person feel uncomfortable and vulnerable.
- It is against the law to touch another person without their permission.





What is happening in this picture?



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# Possible consequences

- Girl feels intimidated
- Family could be protective
- Result in violence – **you** could be in danger
- Harassment charge
- Police involved







- What do you think about drinking alcohol in public?
- What do you think about this photo?
- What do you think about these young people?
- How would you behave towards these young people?



# Possible consequences

- Inappropriate behaviour (including touching and groping) due to intoxication.
- Witnessed by the local community could cause anger and aggressive behaviour
- All could result in a criminal offence



# Thank you

We have developed this resource as way for us all to gain a better understanding of some of the possible differences in our cultures.

This increased understanding of UK culture may help you to develop, positive, healthy relationships and keep you safe in the future.

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# Further Information

- UASC leaflets - [uaschealth.org.uk](http://uaschealth.org.uk);  
“Sexual Health and consent, an introduction”  
“Sexually transmitted infections and contraception, an introduction”
- [www.fpa.org.uk](http://www.fpa.org.uk)
- [www.getit.org.uk](http://www.getit.org.uk)
- [www.brook.org.uk](http://www.brook.org.uk)
- [www.nhs.uk](http://www.nhs.uk)
- National sexual health free helpline 03001237123
- <https://www.kent.gov.uk/social-care-and-health/health/sexual-health>



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